

EMBASS CONEWS & WIEWS OF S

May • 2016

Issue 3 40th Year

Remember Our Veterans This Memorial Day!

Al Jordan (USMC Ret.) of Serendipity in Clearwater received the Purple Heart Award for service in Korea in 1950.

Monthly Mania Winner! \$100 • Beverley Hamel Bill the Carpet Guy

Delivered Door-to-Door by Park Residents FREE Every Month

view this newsletter on-line at www.monthly-media.com

FOR AD RATES & INFO 727-484-7488 · INFO@MONTHLY-MEDIA.COM

OFFICE: 16416 U.S. 19 North, Clearwater, FL 33764

Embassy Park

News & Views

I would like to take this time to thank everyone, who said that they enjoy the New & Views last month. Remember if there are any articles, recipes or information you would like to see in the paper just send me an Email @ Embessynewsviews@gmail.com.

For the awesome people that deliver the New & Views, I made the mistake by releasing the News & Views early and there were a few people that were confused by some of the articles. So, I will call and let everyone know by the 1St of every month when to pick-up.

Thanks, Kim

NOTES:

Each street light has a number on it. If any of the lights are out, inform Jessie as to which number it is.

If you use the Hobby House for a function, be sure to clean it up and empty the trash after you are finished.

There will not be a Manager's meeting in June and August.

Root Killer can be purchased at Lowe's or Home Depot

Spray for grubs











2150 East Bay Drive Largo, FL. 33771

Doors Open at 11:00 am from Wednesday to Sunday

Come join us for a fun Day of Walk – IN Bingo IINFO: 727 586 0456



LOOKED UNDER YOUR MOBILE HOME LATELY?



OVER 10,000 VAPOR BARRIERS INSTALLED!



ESTIMATES ALWAYS FREE FAMILY OWNED & OPERATED

WE CAN FIX YOUR SOFT FLOORS!

WE ALSO SPECIALIZE IN MOBILE HOME FLOORING REPAIRS, AND LAMINATE FLOORING.

ELORIDA AND BARRIER COMPANY

727.330.7821 800.681.3772 11590 US HIGHWAY 19 N CLEARWATER, FLORIDA 33764

STATE CERTIFIED GENERAL CONTRACTOR #004138

STATE CERTIFIED
MOBILE HOME INSTALLER
#IF///102549/f







MAY 2016

All activities will be held at the Clubhouse unless noted otherwise

Mondays

7:45-8:30 am Exercise with Elaine

6:45 pm Euchre 7:00 pm Poker

Tuesdays

7:45-8:30 am Zumba with Elaine 9:00 am Sewing Guild HH 12:15 pm Dealer's Choice Poker

1:00 pm Dominoes 6:30 pm Bunko

Wednesdays

1:00 pm Ladies Poker

6:30 pm Bingo (papers sold 5:00-6:00 Games begin at 6:30pm)

Thursdays

7:45-8:30 am Exercise with Elaine

2:00 pm Trivia 7:00 pm Cribbage

Fridays

7:45-8:30 am Zumba with Elaine 9:00 am Crafts (Hobby House)

9:30 am Fun Shuffle

7:00 pm Poker

Saturdays

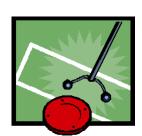
1:00 pm Potluck

Scrap booking Class 3rd Saturday of every month

Sundays

11:00 am Texas Hold'em







MAY BIRTHDAY AND ANNIVERSERIES

<u>Birthday</u>		Anniversary
5/8	Marg Horgan	5/11 Kirby & Betty Osborne
5/20	Ron Russell	
5/17	Cheryl Russell	
5//26	Kim Troop	Lapan Birthalay

DID YOU MISS FUN NIGHT THIS YEAR?

By: Elaine Pepper

F so, you missed a great show! Everything from singing, dancing and comedy skits was performed - a wide variety of acts for all to enjoy! The show is a fund raiser for the social club - an umbrella club that sponsors many activities throughout the year and pays for your bi-weekly bulletins. The show netted a profit of \$592.00.

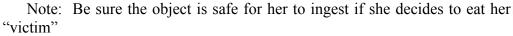
Thanks to all who participated in making it a fun, profitable performance.

97 WAYS TO MAKE A CAT LIKE YOU BY CAROL KAUFMANN

#2

The great hunt

Simulate a chase. Tie a small object—a small stuffed animal, a feather—on a long string and drag it slowly across the room. Cats are programmed to hunt, even if they've never put a paw outdoors and wouldn't know a robin from a rat.



#3 in June issue



IT'S A MIRCLE!

hey say the Lord works in mysterious ways. Do you believe it? These people obviously do.. In fact, they may be the proof.

THE GLASS MENAGERIE

The Sighting: A 35-foot-high image of the Virgin Mary on the side of a building in

EMBASSY NEWS & VIEWS MAY, 2016 C

Handyman Service

Specializing In Mobile Homes

Flooring (wood, laminate, & vinyl) Carpentry • Siding • Remodeling & Other Handyman Services

STCLASS HANDYMAN SERVICES, INC.





Insured & Licensed Lic # C-9146

jhandymanservice@aol.com

FAST MOBILITY SCOOTERS!

RECLAIM YOUR FREEDOM!



\$25 OFF YOUR NEW SCOOTER WITH COUPON

CALL 727-474-9992

ELECTRIC VEHICLE MALL 619 MISSOURI AVE N · LARGO, FL

During Our Annual:

Manufactured & Mobile Homes Still #1 in Your Park Since 1984!

FREE VIDEO e exactly how

our already

Present this coupon for an

additional 10% DISCOUNT

- FRIENDLY FREE ESTIMATE!
- All ROOFS and ROOF-OVERS!
- LIFETIME Transferable Warranty!



A+ Better Business Rating! For Savings and News, Like us on Facebook!

Please be sure you are dealing with a Florida Certified Licensed Contractor... AND DON'T BE FOOLED BY NEW COPY-CAT COMPANIES USING OUR GOOD NAME!

Call the one and only:

Florida licensed contractor #CCC058045

Family Owned and Operated



www.YourBestRoof.com Visit us:

Call Michelle right now!



Free Estimates & Advice ourgoing

"Your home improvement specialist."

Denis Bourgoing

info@bourgoingconstruction.com www.bourgoingconstruction.com



🛈 ★ 2655 East Bay Dr • Largo

Diagnostics • Virus Fixes • Windows Tune-up • Data Recovery Hard Drive • Keyboard • Screen Replacements Fix all Brands Computers and Laptops In-Store & In-Home On-Site Wireless • E-mail • Apps • Printer Setup

Most Repairs Under \$80! Same Location Since 1999!



Get CASH for your car TODAY! 727.580.9580

Since 1983 we have bought and sold over 100.000 vehicles in Pinellas County

We Buy Cars, Trucks, SUV's & Vans

Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$130,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid receipt to us at Monthly Media • PO Box 1023 • Venice, FL 34284. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

of the month the fat	MISHICIS WI	in plan up the tickets and hold a drawing.	ii your licker is drav
		of check). This month's cash	winners are:
Beverley Hamel	\$100	Bill the Carpet Guy	Martha Blake
Mr. Storts	\$10	Florida Anchor and Barrier	Danice Leal
		Air Masters of Pinellas, Inc.	Daryl Lahiff
John Dodge	\$10	Faling Construction, Inc.	Yvonne Large
Jean Richter	\$10	Bob's Appliance Repair	Charles Smith
Beverly Duhlen	\$10	Jones & Sons Plumbing, Inc.	Carol Knotts
Leslie Simms	\$10	Appliance Specialty, Inc.	Helen Hicks
Dorothy Kraus	\$10	Denny's Plumbing, Inc.	Rick Hodgson
Marvin Dyshaw	\$10	Professional Plumbing Inc.	Joan Henderson
Arthur Paul	\$10	AMS West Coast	Maria Mayo
Beverley Blattner	\$10 I	Barrons AC & Appliance Service, Inc.	Kathleen Juneau
Jean Woolf	\$10	Heller's Mobile Home Washing	Theresa Rought
		Community Roofing of Florida, Inc.	Joy Leap
Linda Reed	\$10	A1 Appliance Repair	Stuart Mater
Vince Malorni	\$5 1	Modern AC & Appliance Service, Inc.	Paula Agar
Richard Rueger	\$5		Keith Casey
Hal Gray	\$5	Imperial Electric Service, Inc.	Tony Protano
Terry LaCasse	\$5	The Plumbing Patrol, Inc.	Joy Olson
Robin Gosnell	\$5	Natures Resource Pest Control	Ken Murray
Mary Lange	\$5	Doll Brothers Carpet Cleaners	Sandra Obi
		Buggin Out Pest and Termite Control	Larry Swanson
Jan Hemingway	\$5	Ron Wyngarden MH Washing	Jeannette Morris
Dave Hartsell	\$5	Sunset Appliance Service	Dorothy Wiederm
Norbert Natzke	\$5	Southeast Mobile Home Supplies	Denis Mullen

	Royal Enterprises
\$5.	Boss Electric Corp.
\$5.	Battleline Termite & Pest Control, Inc.
\$5.	Denny's Plumbing, Inc.
\$5.	Boss Electric Corp.
	Jones & Sons Plumbing, Inc.
	Marti's Hair Salon
\$5.	Bill the Carpet Guy
	Knoblach Heariing Care
	Appliance Specialty, Inc.
	Community Roofing of Florida, Inc.
\$5.	Barrons AC & Appliance Service, Inc.
	Sunset Appliance Service
\$5.	Air Masters of Pinellas, Inc.
\$5.	Bill the Carpet Guy
	Battleline Termite & Pest Control, Inc.
\$5.	Modern AC & Appliance Service, Inc.
	Largo Plumbing Co.
	Mobile Home Depot, Inc.
	Heller's Mobile Home Washing
\$5.	Largo Plumbing Co.
	\$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$5 \$

[·] Limit of one ticket per visit · Advertiser may have up to 4 winners per month · Advertiser must have bill paid current to qualify · No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

Come see why so many 55+ communities travel with Glory Tours and enjoy our fun-filled bus tours. We plan it from start to finish! Just hop on board our comfortable & safe transportation. The tours fill up fast, please sign up early - if you missed the deadline, please call to check availability.

Bus Boards @ Walmart - Largo (2677 Roosevelt Blvd • E. Bay Drive & U.S. 19)

June 11 LeBarge Tropical Cruise

Come experience this 2 hour cruise along beautiful shoreline of Sarasota

Bay. Enjoy the view of spectacular waterfront homes and wildlife while the narrator tells you about the fascinating history of the Sarasota area. Keep an eye out for dolphins manatees! Full bar/food and available for purchase. Boarding: 12:15 p.m. Return 5:45 p.m. Payment Deadline May 30.





July 31 - Bioluminescenct Cruise - Merritt Island

If you want a unique

experience < cruise like none other, you will not want to miss this 2 hour cruise. Watch as the waters of the Banana River Lagoon come alive with the bioluminescence plankton. See the waves and current light up the water with a blue neon **glow**. Every movement in the water produces light! School of fish looks like hundreds of blue-green underwater bottle rockets), to the glow of a moving manatee/sting ray, every movement is a bright neon blue light. You will have to see it to believe it! Dinner at Fish Lips in Port Canaveral. Includes: Dinner time (dinner not included) a 2 hour boat tour, a beer, wine or non-alcohol drink, snacks during cruise & bus transportation. Boarding: 2:00 p.m. Return: Approx. 11:30



1985

p.m. Sign up deadline is July 7.

<u>Oct 23 – Oct 26 - Miami &</u> Kev West (4davs/3 nights)

This our most 🔫 popular overnight 5 trip! Includes: 4 days/3 lodging niahts at Miccoussukee CASINO Resort, 5 meals, a cruise on Biscavne Bay (Millionaire's Row/Celebrity homes). a visit to the beautiful oceanfront Hollywood Beach "Boardwalk" (named one of America's best boardwalks), a visit to Bayside Market. where there labundance of eateries/shopping, a day trip to exciting Key West, where you can enjoy their big sunset celebration with performers/vendors, trolley, great seafood, shopping & much more and \$30 free play. Travel Insurance \$45 per person. Boarding: 8:15 a.m. Return: Early/Mid Evening (depending upon weather/traffic, etc.) Sign up

deadline Aug. 21. Payment October 1.



Fla. Seller of Travel Ref. No. ST38887 • All tours and prices are subject to change



1on1 COMPUTER SERVICES Personal service that is fast and affordable SERVING **PINELLAS** Virus - Spyware - Adware - Malware SINCE

- Software Hardware Troubleshooting
- New Computer Setup Data Transfer
- · Undelete Files Forgotten Password WIFI - Networking - Printers - Backups



Clearwater, Florida.

Revelation: In 1996, workers chopped down a palm tree in the front the Seminole Finance Company building. Not long afterward, a customer noticed a discoloration in the building's tinted windows that resembled the Madonna. The discovery was reported on the afternoon news. By the end of the weeks, and estimated 100,000 people visited the site...including a Baptist minister who was ejected after he "condemned the crowd for worshipping an image on glass."

Impact: The city set up a "Miracle Management Task Force" to install portable toilets at the site, arrange police patrols, and erect a pedestrian walkway over the adjacent road (Route 19) to stop the faithful from dodging in and out of traffic. "That's the busiest highway in Florida," one policeman told reporters. "You want to know the real miracle? Half a million people have crossed that intersection and nobody's been injured or killed?

WALK YOURSELF HEALTHY

brisk walk can burn nearly as many calories as jogging. But there are many additional scientifically proven benefits of walking, say the experts at the UC Berkeley Wellness Letter:

HEALTHY ARTERIES Sitting for long periods can make the arteries stiff. Over time, this can increase your risk of heart attack and stroke. According to one study, taking short (five-minute) walking breaks every hour may help to prevent this arterial stiffening.

BETTER BLOOD SUGAR CONTROL Research suggest that walking for 15 minutes after meals may help control blood sugar in older adults with pre diabetes.

ARTHRITIS PREVENTION A large 2014 study of older adults at high risk for knee osteoarthritis found that those who took at least 6,000 steps daily (as recorded by a digital fitness tracker) were less likely to develop mobility problems two years later than sedentary adults.

(BONE HEALTH)

DRINK TEA FOR STRONG BONES

Women who drank three or more cups of black tea a day over the course of several years were 30 percent less likely to break a bone from osteoporosis than those who rarely drank black tea, according to a recent study. It is believed that plant compounds called flavonoids, found in black tea, may help build bone density.

We Need Cover Pictures! Send in Your Interesting Photos

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here:



PO Box 1023 • Venice, FL 34284 info@monthly-media.com • 727-484-7488









- Water Softeners Natural Gas Work
- Water Heaters Faucets Sinks Toilets
 - Disposals
 Sewer & Drain Cleaning

MOBILE HOME SPECIALISTS



25 ★ Denny Ryder • Master Plumber • License CFC1426510 25





FREE Service Call with Repair

- Refrigerators
- Microwaves
- Ranges
- Freezers
- Cooktops
- Disposals



Washer/Dryers • Icemakers

- GE Sears Whirlpool
- Frigidaire
- 10% DISCOUN with repair - with this ad & Many others

VISA Appliance Specialty, Inc.

727-520-6002 • 727-441-2716

6 🛨 • Licensed & Insured • 37+ Years Exp.



Under Home Chemical Powder Dusting Available "Old Fashioned Service with Modern Technology 410-1466

"Serving Pinellas County Over 26 Years" 12337 79th Place. N • Seminole • FL 33772



or 391-7584 Lisc. #JB2438

For Advertising Info Call or email:

727-484-7488

sales@monthly-media.com





CLEAN USED & NEW CAR'

Specializing in...

• Buy • Sell • Trade • Repair • All Brands Sorry, we do not buy or sell RXV's due to very high cost of repair parts.

EZGO @YAMAHA **WANTED DEAD OR ALIVE**

Carts Any Condition • Highest Prices Paid

Come In And Visit The Most **Unique Showroom In Pinellas** County. All Visitors Are Treated With Polite And Courteous Service NO PRESSURE.

Buy From a Proven Dealer!

12 Years & ZERO UN-Resolved **Complaints Track Record** In This Publication!

 Check Our Labor Rates Against the Competition • 12 Years This Location • We Repair Chargers Charger Check-Up FREE at Our Store

RECREATIONAL GOLF CARTS, LLC.

8801 66th Street North • Pinellas Park

Open Monday - Saturday (2.8 miles south of Ulmerton Rd.)

ROOF COATING & REPAIRS

COMMUNITY ROOFING OF FLORIDA, INC.

Free Estimates

2101 Starkey Rd Suite M-7 Largo,Florida 33771 (727) 536-9999

"Proudly Serving Your Community"

Lic# CCC1330642

We Do All
Roof Coating, Roof Repairs,
and Roof Inspections
on all Manufactured Homes

800-511-2517

www.FloridasBestRoof.net



EMPORIUM

10 WORDS for \$8.55 - Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

EVENTS & PROGRAMS

HUGE YARD SALE! Abundant Life Ministries, 1550 Belcher Rd. S., Largo, FL 33771. Saturday, May 14th 8AM-4PM. Refreshments and Lunch available. ALL proceeds will benefit Missions.

Moving Sale: Doral Village, 29250 US Hwy 19 N. Lot #19, 33761. Bassett Furniture, S/S Gas Grill, King & Twin beds, Sleeper Sofa, Tools, Fishing Poles, Bikes, Housewares & Tons More. May 6th & 7th.

Carport Sale LaPlaza 6700 150th Ave N. #335 Clearwater, FL 33764. May 14th & 15th 8am

ARTICLES FOR SALE

2 Crypts in Sylvan Abbey, choice Locations side by side extras. 727-243-4100 - Suzie

Electric Flat Top Griddle 24x36 220v ideal for clubhouse. \$450/OBO 727-492-9027

Oreck XL Classic Vacuum, Just Like New & Queen Electric Blow-Up Bed - Reasonable. 717-491-2783

WANTED TO BUY

When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

JUNE AD DEADLINE - MAY 10, 2016

Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284.
 Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit.
 No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.

HEALTH SCREENINGS

Stroke & Vascular Screenings Blood Tests (Cholesterol, TSH, PSA)

May 20 in Largo May 26 in Clearwater All film and results **CALL NOW!**

NO Rx NEEDED mailed in 2 weeks

1-888-667-7587













lorida's unique features--such as sandy soil, numerous insects and other pests, and four different growing zones--can make gardening a challenge for new residents and first-time gardeners.

These topics cover the information you need to get started with your Florida garden.

Gardening Basics



Every garden has to start somewhere. Here are some of the basic things to know when you're just starting out.

UF/IFAS Sites

May

What to Plant

- **Annuals:** Plants that can take summer heat include coleus, salvia, torenia, wax begonia, and ornamental pepper.
- **Bulbs:** Some lilies do better when their roots are crowded. Try planting Amazon, Aztec, and Clivia lilies in containers to increase blooming.
- **Herbs:** Plant heat loving herbs, including basil, Mexican tarragon, ginger, cumin, summer savory, and rosemary.
- Vegetables: Southern favorites to plant now are okra, southern pea, and sweet potato.

What to Do

Pests: Harmful insects become more active as the weather warms. Watch for thrips, scale, and mites on ornamental plants

Gardenias and Ixora: While some yellowing of older leaves is normal, yellowing of new growth usually indicates a micronutrient deficiency

Oleanders: Chewed or ragged leaves indicate oleander caterpillars at work.

Lawn insects: Watch for damage from chinch bugs in St. Augustine and begin scouting for newly hatched mole crickets in Bahia lawns

Tomatoes: Watch for pests, disease, and nutritional disorders on tomato plants.

Trees: Prepare for hurricane season by checking trees for damaged or weak branches and prune if needed.

More gardening info to come in June



From our family to your family

Morton Plant Hospital got its start in 1914 when several local women asked railroad magnate Morton F. Plant to fund a hospital. He agreed, if the community would also make a substantial contribution. They took the challenge and the hospital opened in 1916. Throughout the years, the hospital served the community, and the community gave back, ensuring that generations of families would be able to count on the compassionate, quality care provided by Morton Plant Hospital.

One of the most noteworthy hospitals in the nation, Morton Plant Hospital was founded because a community cared. And 100 years later, one thing remains the same — our commitment to caring for your family.



The new Doyle Tower at Morton Plant Hospital, scheduled to be completed in 2016. Another example of how the community gave back.



MortonPlant100.org #MortonPlant100

BC1600277_0116

THE MIDWEST CLUB DISBANDS

Submitted by Bobbie Faulkner - Lot 1016 - 253.4302

he Midwest Club held their last meeting March 17th with entertainment by Rick Miller, from Washington, MI, singing Elvis' songs followed by our annual picnic lunch. Fried chicken, many salads and desserts were consumed.

We thank Elaine Pepper for her years of service as the Midwest Club president. We also want to thank all the prior presidents and officers who have served over the years. We will no longer will be meeting monthly as a club, but starting January 2017 we will meet the fourth **Thursday** of the month for breakfast at the Country Skillet restaurant. For now our new name will be the "Midwest Breakfast Club".



DID YOU KNOW:

atorade was named for the University of Florida Gators where it was first developed. Flamingos get their pink color from the shrimp they eat. The more shrimp they eat the deeper pink they become.

Tampa's Bayshore Boulevard is touted as the world's longest continuous sidewalk. It is a popular waterfront gathering place for joggers and in-line skate enthusiasts.

The Everglades National Park encompasses 2,100 square miles and contains the largest mangrove forest and the slowest moving river in the world.

The Seven Mile Bridge, part of the Overseas Highway, which crosses between Marathon and the Lower Keys, was built in 1982 – in pieces – then shipped to the Keys to be assembled.

There is a bed & breakfast, Wildlife on Easy Street, on the outskirts of Tampa that allows you to cuddle with an endangered cat of your choice for just a \$100 donation to the refuge. You can choose baby bobcats, cougars, and leopards.









SERVICES DIRECTORY	INSURANCE: AUTO
AIR CONDITIONING SALES/SERVICE	O. E. Wilson - Auto
Air Masters of Pinellas, Inc	
Barron's Air Conditioning 727-784-160	MANUFACTURED HOME SALES/NEW
Modern A/C Service Co727-541-554	Citrus Homes/Meadowood Homes 727-535-5262
APPLIANCE REPAIR	MEDICAL FACILITY
Appliance Specialty, Inc	Morton Plant Hospital www.MortonPlant100.org
Bob's Appliance Repair	MOBILE HOME SUPPLIES - RETAIL Mobile Home Depot, Inc
AUTO REPAIR	Southeast Mobile Home Supplies 727-535-1100
Brown Automotive & Painting727-504-689	MOBILE HOME WASH/WAX
AUTO SALES / PURCHASING	Heller's Mobile Home Washing727-545-2665
Stingrays Inc	1 Royal Enterprises727-394-7351
Tampa Bay Car Cash727-580-958	
AWNINGS Pay Area Aluminum Continuo Inc. 727 595 444	MOBILE HOME WINDOW FILM Royal Enterprises727-394-7351
Bay Area Aluminum Services, Inc 727-585-444 Century Awnings Co 727-559-881	PAINTING/INSIDE & OUTSIDE
BATHROOM REMODEL	Payless Painting Services727-470-5876
BathMasters727-333-799	Socia's Painting & Waterproofing 727-345-6856
BINGO	PEST CONTROL
Ocean Bingo	Buggin Out Termite & Pest Control 727-535-2629
CABINETS	Modern Pest Control, Inc
JC Cabinet Solutions	Nature's Resource Pest Control 727-785-2552 PLUMBING SERVICE
Electro-Glo Inc727-556-070	
CARPET CLEANING	Jones & Sons Plumbing, Inc
Bill the Carpet Guy727-521-416	
Doll Brothers Carpet/Upholstery Clnrs. 727-596-224	
CLEANING/INTERIOR	Bourgoing Construction 727-481-2118
Immaculate & Affordable Cleaning 727-953-518	ROOF COATING
Kathy's Cleaning Service727-804-111	AMS Advanced MH Systems
1 on 1 Computer Service	Socia's Painting & Waterproofing 727-345-6856
Largo Tech Services, LLC727-474-428	ROOF REPLACEMENT
Notebooks Plus, Inc	3 All Weather Roofing 1-800-297-3758
DRIVEWAY COATING	AMS Advanced MH Systems
Concrete Wizard, Inc	
DUCT / VENT CLEANING Velocity Air	ROOF WASHING Heller's Mobile Home Washing 727-545-2665
ELECTRICAL CONTRACTOR	ROOM ADDITIONS
E & E Gliddon, Inc	
Imperial Electrical Service727-535-070	SCOOTER/MOBILITY CHAIR SALES
Palm Harbor & Dunedin Electric 727-773-162	
FLOOR COVERINGS/RETAIL	TIE DOWNS/MOBILE HOMES Florida Anchor & Barrier Co
At Home Floors - Carpets + Tile 727-584-371 FLOOR REPAIR	TRAVEL/VACATION
Flatworks	
Florida Anchor & Barrier Co	1 VAPOR BARRIER
Perfect Repair & Construction, Inc 727-539-085	Florida Anchor & Barrier Co 727-330-7821
FOOT SPECIALIST - PODIATRIST	Florida Underhome Solutions727-492-1884
Mason, Dr. Peter M727-535-191	
FURNITURE & MATTRESS AJ's Beds & Furniture	VINYL SIDING AMS Advanced MH Systems727-471-0820
GOLF CARTS SALES & SERVICE	ASC Aluminum Specialty Contr 727-547-8300
Capital Golf Carts, Inc727-772-883	3 WINDOW REPLACEMENT
Recreational Golf Cars of Florida 727-548-846	AMS Advanced MH Systems727-471-0820
HANDYMAN	ASC Aluminum Specialty Contr 727-547-8300
1st Class Handyman Services727-532-070	Community Roofing of FL, Inc 1-800-511-2517
HEALTH SCREENING Prevention Plus1-888-667-758	WINDOW TREATMENTS/INTERIOR 7 Rod Runners727-394-9534
HEARING AID/RETAIL	Nou Ruilleis
Knoblach Hearing Care, Inc727-530-353	3
	.





MAY • 2016

Sunday		Monday		Т
Texas Hold'em Poker 11:00	1	Euchre 6:45 pm Poker 7:00 pm	2	Sewing am HH Dealers Domino Bunko (
Texas Hold'em Poker 11:00 Mother's Day	8	New York club meeting 10:00am Euchre 6:45 pm Poker 7:00 pm	9	Sewing am HH Manag 10:00ar Dealers Domino Bunko (
Texas Hold'em Poker 11:00	15	Euchre 6:45 pm Poker 7:00 pm	16	Sewing am HH Dealers Domino Bunko (New En Breakfa
Texas Hold'em Poker 11:00	22	Euchre 6:45 pm Poker 7:00 pm	23	Sewing am HH Dealers Domino Bunko (
Texas Hold'em Poker 11:00	29	Euchre 6:45 pm Poker 7:00 pm Memorial Day	30	Sewing am HH Dealers Domino Bunko (

Embassy

`uesday	Wednesday	Thursday	Friday	Saturday
Guild 9:00 Choice 12:15 pes 1:00 5:30	Sewing Guild 9:00 am HH Dealers Choice 12:15 Dominoes 1:00 Bunko 6:30	5 Trivia 2:00	Crafts 9:00 HH Fun Shuffle 9:30 Potluck 5:00 Poker 7:00	7 Potluck Shuffle 1:30
Guild 9:00 10 er's Meeting n Choice 12:15 pes 1:00 6:30	Sewing Guild 9:00 am HH Dealers Choice 12:15 Dominoes 1:00 Bunko 6:30 Ladies Lunch	12 Trivia 2:00	Crafts 9:00 HH Fun Shuffle 9:30 Poker 7:00	Potluck Shuffle 1:30 Scrapbooking Class
Guild 9:00 17 Choice 12:15 pes 1:00 6:30 nglanders ast	Sewing Guild 9:00 am HH Dealers Choice 12:15 Dominoes 1:00 Bunko 6:30	19 Trivia 2:00	Crafts 9:00 HH Fun Shuffle 9:30 Poker 7:00	Potluck Shuffle 1:30 Ron Foster Dance 7:00pm
24 Guild 9:00 Choice 12:15 pes 1:00 5:30	Sewing Guild 9:00 am HH Dealers Choice 12:15 Dominoes 1:00 Bunko 6:30	26 Trivia 2:00	Crafts 9:00 HH Fun Shuffle 9:30 Poker 7:00	Potluck Shuffle 1:30 Breakfast
31 Guild 9:00 Choice 12:15 pes 1:00 6:30		HH: Hobby House A: Shuffle Club Away H: Shuffle Club Home		S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



FLORIDA FACTS & TRIVIA

- 1. Greater Miami is the sole metropolitan area in USA whose borders include two national parks Biscayne National Park and Everglades National Park.
 - 2. Sunshine Skyway Bridge opened in 1987 and is 190 feet above the water.
 - 3. 80% of the sweet Atlantic white shrimp eaten in Florida is grown in Amelia Island.
- 4. Punta Gorda means fat point in Spanish. The city was given this name because a major chunk of the land cuts into Charlotte Harbor.
- 5. Among amusement park destinations in USA, Orlando draws most visitors.
 - 6. DeFuniak Springs has a naturally round lake one of the two in the world.
- 7. Rollins College, which is the oldest college in Florida, was established in 1885 in Winter Park by New England Congregationalists.
 - 8. Cape Canaveral serves one of the most important space flight launch pad in USA.
 - 9. Fort Lauderdale is also called Venice of America as it has 185 miles of waterways.
 - 10. In Polk County, Fort Meade is the oldest settlement.
- 11. A museum at Sanibel possesses 2 million shells and is admittedly the only museum that is dedicated to mollusks.

The would like to give a Big Thanks to our Pool Committee President, Mary Ann Casey, on the great job she and her co-workers do. The support from everyone else made it possible for our, Pool BBQ 2016, to be a great success. We are proud to be a member of the Embassy Mobile Home Park.

Proceeds go to the Pool Improvement Program.

Pictured is Mary Ann with some of her co-workers. Back row left to right Steve, Elaine, Peter and Richard Front row left to right Mary Ann, Kelly and Cindy





Largo - Clearwater
621 Missouri Ave. N., Largo,FL
727-584-3711

LIC #C9371 • #C9533 www.athomefloors.biz



My PAPA

Can Help You!

Ice Makers

and more

VISA DISCOVER





Call Today! 800-282-3572 727-471-0820

SPECIALIZING IN ALUMINUM ROOF OVERS



DO YOU NEED A NEW ROOF?Our Weather-Lok Roof Over System Exclusively from AMS is:

- Energy Star Rated
- Quiet
- Maintenance Free
- A Full Sheet Blanket of Protection
- Lifetime Warrantied & Transferable



"This is simply the best roof over system available. We love our new roof.
Thanks you and your staff."

- J. Howard. Pinellas County



100% FINANCING AVAILABLE (with approved credit)

FREE ESTIMATES

Evening & Weekend Appointments Available Serving your community for over 35 years.

Great Price • Great Products • Great Workmanship
Your neighbors have used us. How About You?

Visit <u>www.AMSOFFLA.com</u> and view our informative video FL State Certified • Licensed & Insured • Roofing Contractor CC C1329853

SAVE TIME AND MONEY BY CALLING US TODAY TO GET YOUR PROJECT STARTED!

BATHMASTERS

THE MASTERS OF BATHROOM RENOVATION

- · Economical tub to shower conversions
- · Extensive portfolio and references online
- We listen, we respond excellent communication skills
- Showroom in Clearwater
- Fixed price packages customized to meet
 your needs



The most advanced easy-to-clean, solid surface tub and shower surrounds on the market or custom tile installation.

Special Offer 10% off

Tub to Shower Conversion Packages For Seniors Age 55+. Up to \$500. 8/31/16.



Call (727) 333-7997 now for your FREE in-home estimate!

2260 Gulf to Bay Boulevard | Clearwater, FL 33765 (727) 333-7997 • www.BathMasters.us

Certified Residential Contractor: CRC1331061



Specializing in Mobile Homes for Over 35 Years!

★ Family Owned & Operated ★ Water Heaters ★ Gray Pipe ★ Remodel ★ Water Conditioning

★ Sprinklers ★ Toilets, Sinks & Faucets

JONES PLUMBING CFC 020341 LIC. # www.ionesandsons-plumbing.com

Lower Overhead = Lower Prices! 727-799-0287

ROD RUNNERS, INC.

Custom Window Fashions & Interiors

7671 Starkey Road • Seminole

Visit our showroom or call today for an appointment 394-9534





 Bedding and More ALWAYS ON SALE!

 Blinds • Shades Shutters • Drapes

• Valances • Sheers • Factory Direct

Vertical Blinds

FREE In-Home Estimates

WWW.RODRUNNERSINC.COM

MONTHLY MEDIA DISCOUNT 10% OFF Orders Over \$200.00

22

IYL-SIDING

Lic #C-2387

Aluminum Specialy Contractors, Inc "No-Nonsense Company" 22 7420 Park Blvd. • Pinellas Park

727-547-830



visit: www.ascaluminum.com

"Just a short note to express my appreciation for the work done on my mobile home. The crews that worked here...were gentlemen at all times, efficient, knowledgeable and prompt. You can be sure if I run into anybody who needs your type of work, I will surely recommend your company. It has been a very satisfying experience!"

George Lordstrom, Saint Petersburg, FL



Lic #C-2387

Aluminum Specialy Contractors, Inc "No-Nonsense Company" 7420 Park Blvd. • Pinellas Park

727-547-830(



expires 5/15/16 visit: www.ascaluminum.com

"...I am so happy with my new windows...I'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word - the house is doing all the talking! Thank you so much for my beautiful new house."

Carol Zapiecki, Clearwater, FL



Quality Workmanship Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors



AFTER



We Keep rodents, enakes, spiders, bugs, mold, mildew, and damaging moisture out of your home!

LICENSED AND INSURED

FAMILY OPERATED

Office Location: 12355 62nd St N Unit B Largo, FL 33773



ESTIMATES & SMILES ALWAYS FREE

[800] 377-7885 or (727) 282-2045

JOYCE'S BINGO BARK RECIPE

- 1 Stick of butter (or Margarine)
- 1/2 Cup of Sugar
- 1 Sleeve of Saltine Crackers
- 1 12 oz. Milk Chocolate Chips
- 18 oz. Pkg. Heath Bits

Place crackers in a single layer on a cookie sheet. (Approx. 10"x 15" works well)

Melt butter and sugar over low heat until sugar is dissolved.

Pour on top of crackers, spread so all are covered.

Bake @ 350 until crackers are golden (Approx. 5-10 minutes depending on the oven)

Pour the milk chocolate chips evenly on top of crackers and as they melt spread them around with a knife.

Pour the Heath Toffee Bits on top.

Refrigerate until chilled and then crack apart.

Enjoy

Submitted by Elaine M

Thank you Elaine for submitting the recipe, cant wait to try and thank you Joyce for the recipe everyone said it was great. If anyone has a recipe that they would like to share please send me an email I would love to put it in the Embassy New & Views for everyone to enjoy.





Immaculate

and

Affordable

Cleaning

Services

Make a mess Call the best

Specializing in all types of cleans: Homes, RV's and Mobile Homes. Also rugs, pressure washing and windows.

Discounts for Seniors, military and disabled

Professional, Honest, Dependable and Thorough. These words are how we keep our years of business relations.

Call for a Free Estimate. Ask for Myranda

727-953-5188

Kitchen and Bath "MAKEOVERS"

We can give your Cabinet/Countertop that "WOW" Appeal & save you thousands of \$\$\$\$ in Replacement & Refacing costs with our Superior Color Finish & New Door Designs



REFINISH
your past...
for a brighter
tomorrow!

FREE Estimates 727-556-0701

or email: paul.brown@electroglousa.com

ELECTRO-GLO

Insured
A + Rating BBB
Angie's List "A-Rated" Company

Family Owned & Operated - Since 1980 -Licensed #C9835













- No Roof Damage
- No Move-Out
- No Odor

Other Services Rodent Control

- Subterranean Termite Treatments
- · Once-A-Year Pest Control



Convenient • Family Owned

 Serving Pinellas County Since 1993 2525 Jennifer Terrace, Palm Harbor



Mobile Home Electrical Specialist **Tired of High Prices?**

Then Call Us!

License. # EC13005729 Imperial Electric Service

535-0708









HOME PARTS / ACCESSORIE

- Plumbing Supplies
 Safety Rails
 - Water Heaters
- Electrical Supplies Windows & Parts
 - M.H Accessories
- Sinks & Faucets Tubs & Showers
- Aluminum Products
 Interior Doors Exterior Doors
 - Screen & Vinyl Reroll



Installation Serv. Available Est. 1988

MOBILE HOME SUPPLIES, INC. 522-2090 SOUTHEAST www.southeastmobilehomesupplies.com

🕇 4508 62nd Avenue North • Pinellas Park

FOOT SPECIALIST East Bay Drive near Starkey/Keene Road

PODIATRIST

Dr. Peter M. Mason

- Trusted Caring
- Foot Care and Surgery
- Over 34 Years Experience
- X-Rays on Site
- Foot Supports Orthotics
- All Treatment Performed by the Doctor
- Insurance Accepted Board Certified
- No Insurance? No Problem

2700 East Bay Drive • Largo



535-1919



FUNNY FUNNY FUNNY

was in the restaurant yesterday when I suddenly realized I desperately needed to pass gas. The music was really, really loud, so I timed my gas with the beat of the music.

After a couple of songs, I started to feel better. I finished my coffee, and noticed that everybody was staring at me....

Then I suddenly remembered that I was listening to my iPod.

HELPFUL HINTS

ake your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.

Newspaper weeds away: Plant your plants in the ground; work the nutrients in your soil. Then wet newspapers, put layers around the plants overlapping as you go, cover with mulch, and forget about weeds. Weeds will get through some gardening plastic they will not get through wet newspapers.

To keep squirrels from eating your plants, sprinkle your plants with cayenne pepper. The cayenne pepper doesn't hurt the plant: squirrels won't come near it.

Goodbye Fruit Flies: To get rid of pesky fruit flies, take a small glass, fill it 1/2" with Apple Cider Vinegar and 2 drops of dish washing liquid; mix well. You will find those flies drawn to the cup and gone forever!

Get Rid of Ants: Put small piles of cornmeal where you see ants. They eat it, take it 'home,' can't digest it so it kills them. It may take a week or so, especially if it rains, but it works and you don't have the worry about pets or small children being harmed!

Drop a small object on the carpet and can't find it. Place panty hose over the end of the vacuum hose and start vacuuming. The panty hose will keep it from getting sucked into the vacuum.

GOOD READS:

Keep me Posted by Lisa Beazley

Sisters Cassie and Sid Sunday live world apart—Cassie in NYC and Sid in Singapore, so it seems natural to become pen pals and maintain their relationship through hand-written letters... until due to a lapse of judgment, those letters full of secrets end up in the worst place possible: the internet!





OUR MOBILE HOME PARTS WAREHOUSE

Mobile Home Supplies • RV Accessories • Aluminum Products
 ★ Do It Yourself & Save!

Largo - 13777 66th Street North • 535-1100







in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval,

premium rates are subject to change. Rates will vary based on age of operator, driving

727-535-0524

record, credit history, garaging address and type of vehicle.

son Insurance Inc.



A Name Worth Repeating

MOBILE HOME SPECIAL \$

3 Ton Package Unit

- * 14 Seer * 10kw Heat Strip
 - * New Digital Thermostat
- *** 10 Year Limited Warranty** On All Parts

Savings Available on Other Sizes. Call for Free Estimate Incl. Tax

1562-D South Missouri Avenue • Clearwater Lic. # CAC 1814176



586-6969











CARPET DRY CLEAN

DRIES IN MINUTES - NOT HOURS

Living Rm, Dining Rm. & Hall Includes... **FREE Deodorizer** SAFE FOR MOBILE HOME FLOORS

- **Leather Cleaning** Tile & Grout
 - **Furniture**

RV • Auto ♠ • Truck Mount Steam Available • Insured

BILL The CARPET GUY 727-521-4163

596-0525 Mobile Home Repairs

PROFESSIONAL Pin. Cnty. #C-3950 **PAINTING & WATERPROOFING**

FREE Roof Inspection 727-345-6856

 Inside. Outside & Underneath Termite Treatments Drywood & Subterranean Termite Treatments

Licensed • Insured 535

11:37



 Fabric & Aluminum AWNINGS

to Park Residents

ALL WEATHER **CURTAINS** VERTICAL **BLINDS**



Free Estimates • Licensed & Insured

② ★ QUALITY PRODUCTS LOCALLY MADE - SINCE 1959 ■ 13170-A 90th Street N., Largo • Previously Located on Starkey Road



The Nightingale by Kristen Hannah

French sisters Vianne and Isabelle have to forge their own paths after their lives are upended by World War II. As Vianne works to keep her daughter safe, and Isabelle risks all to join the Resistance, the women must make difficult choices that ultimately prove not even war can sever the bonds between sisters.

RECIPE FOR RED HATTERS!!

Red hat you can choose to live life in a glum or a glad way. To be crabby or whiny or joyful and gay. Smile just because there is good in this life or grumble and whine and concentrate on the strife. Clapp a hat on your head and go out and behold or sit in the house by yourself and grow old. Each of us choose her own view of things. We sit down and mope or choose to have wings! So gather with friends who are happy and merry and top off the sundae of life with a Cherry!!

ancy Castelli wishes to thank all that sent cards, prayers and love you all have sent out to her and our family regarding my dad's passing. Please know how much this means to her and my family and extend our thank you, appreciation and love.

God Bless Danielle

BUCK EUCHRE

het Reel of Parkwood Estates is starting a new card game, I believe you will enjoy. If you know how to play Euchre.



If interested there will be a sign-up sheet at the Embassy Club House. Date and time to be determined and will be held at Parkwood Estates.

Thank you

Parron's © 784-1603

Air Conditioning & Heating, Inc.

• License #RA0058337 • Insured • Bonded



"Service is Our Specialty"
We Service
All Makes & Models

NOW CLEANING & SANITIZING DUCTS



★ New Installations





DUCTLESS MINI SPLIT WALL/FLOOR MOUNT





UV Light

for Healthier Indoor Air

UV LIGHT DISINFECTION SYSTEMS

\$10000 OFF With Coupon

Any New Central 14 S.E.E.R. A/C Unit

\$20⁰⁰ OFF

With Coupon

Any Air Conditioning Repair

END OF SEASON POOL BBQ

May 10, 2016

At the pool from 11:00 am until 1:00 pm

Cost is \$4.00 per person that includes: hot hog, chips and soda.

50/50 Drawing

Tickets sales April 26th and May 3rd at the Club House 11:00 am until noon

Or contact Cindy Lot 603

Proceeds to the Pool Improvement Program



Space Station experiment points to possible life on Mars

Lungi from the dry, frigid environment of Antarctica took a trip to the International Space Station to determine their ability to survive under the harsh conditions of the planet Mars. Their endurance suggests that primitive life may indeed be viable on the red planet's surface.

As reported by the NBC News website, scientists took samples of the fungus from the McMurdo Dry Valleys in Antarctica, then had them sent up to the ISS, where the crew placed them on a sealed platform outside and exposed them to various types of conditions, including one which simulated the sparse atmosphere and the exposure to radiation present on Mars.

After a year and a half, the fungi had retained 60 percent of their cells, providing evidence that simple forms of life can survive under the toughest conditions in space and on distant planets.

Robot cockroaches could save lives

ew animals are as maligned as the lowly cockroach. But scientists have found something worth emulating about them—their ability to squeeze into even the tightest spaces. Cockroaches on the run are about ½ inch tall, but they're able to compress their bodies to a 10th of an inch when they're trying to hide. Scientists at the University of California-Berkeley have been able to adapt that flexibility in a small, soft, multi-legged robot dubbed CRAM (Compressible Robot with Articulated Mechanisms). Constructed with an "origami-like" manufacturing technique, CRAM is seven inches long, three inches tall, and 1.6 ounces, and it's able to compress itself just like a cockroach to get inside tiny spaces. The scientists hope that CRAMs could be deployed in swarms to search for survivors inside collapsed buildings.



Did you know that May is also...

ALS Awareness Month. ALS, also known as Lou Gehrig's disease, is caused by the death of neurons, leading to stiff muscles, twitching, and gradually worsening weakness. No cure is known, but this month is an opportunity to spotlight and support research to fight this deadly disease.

Better Hearing Month. Approximately 36 million Americans suffer from some form of hearing loss—and more than half are under 65. Visit an audiologist today to learn how to protect your hearing and ensure that your ears stay healthy throughout your life.

National Military Appreciation Month. As designated by Congress, National Military Appreciation Month celebrates the history of our armed forces and recognizes the brave people who have served in every branch of military service. It also allows Americans to educate each generation on the historical impact of our military through community participation.

National Bike Month. Sponsored by the League of American Bicyclists and celebrated in communities from coast to coast, National Bike Month is a chance to showcase the many benefits of bicycling and encourage more folks to giving biking a try.



Children's Mental Health Awareness Week, May 1-7. A yearly event aimed at raising awareness of the issues and causes integral to the children's mental health field nationwide. Sponsored by the National Federation of Families for Children's Mental Health, this year's theme is "Healthy Families, ResilientChildren: Mental Health is a Family Affair."

National Nurses Week, May 6-12. One of the nation's largest health care events, National Nurses Week ends on the birthday of Florence Nightingale, the mother of modern nursing, and recognizes the contributions nurses make. It also educates the public about the significant work they perform.

American Craft Beer Week, May 16-22. American craft brewers are small, independent, and traditional. The average American lives within 10 miles of a brewery, and the United States now has more beer styles and brands to choose from than any other market in the world. Enjoy a cold one (responsibly) all month long.

May Day, May 1. An ancient northern hemisphere spring festival celebrated in many cultures. Dances, singing, and cake are usually part of the activities.

Mother's Day, May 8. Don't forget to tell your mother (and mothers everywhere) how much she means to you.

Memorial Day, May 30. A U.S. federal holiday honoring those who have given their lives while serving in the armed forces.

INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!

UNDER YOUR MOBILE HOME LATELY?

Insulation Under Your Home Falling Down?

Holes and Tears in Your Vapor /Moisture Barrier?



Photographs Up (mexigif Damaged Areas



Insulation and Vapor Barrier Repairs

· Lifetime Vapor Barrier · Guaranteed for Life Prevent Soft Floors
 Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House! • Lower Your Electric Bills

FREE ESTIMATES

Licensed by the State of Florida #IH/102549/1









727-3**30-7821** Toll Free - 800-681-3772





• Insured • Bonded • Workman's Compensation Insurance Member: National Association of Mold Professionals

FLORIDA ANCHOR AND BARRIER COMPANY



11590 U.S. Highway 19 North • Clearwater • FL 33764





Caregiving has its rewards

s Americans live longer, families are feeling a heavier burden in the caregiving area. The Bureau of Labor Statistics estimates that some 40.5 million Americans are acting as unpaid caregivers for older family members. Most just help one person, but 22 percent are responsible for two people and 7 percent provide help to three or more. Most caregivers are between the ages of 45 and 64 (23 percent), but 17 percent of people older than 65 act as caregivers as well.

The demands may be high, but many Americans find the work worthwhile. Yes, 32 percent describe caregiving as stressful, but 88 percent say helping out an elderly loved one is a rewarding experience.

Try these year-round common cold remedies

ou can catch a cold any time of the year, no matter what the weather is. Although you can't cure it, you can relieve its symptoms with some simple remedies. Try these:

- Honey. Honey mixed with tea or warm lemon water can relieve coughing and sore throat.
- Zinc. Zinc supplements taken within the first few days of having a cold can shorten your illness and could prevent a cold in the first place.
- Hot liquids. Hot tea or water can loosen up congestion in your chest and sinuses.
- Salt water. Evidence suggests that rinsing your mouth with salty water can clear up nasal congestion and unclog your sinuses.
- Vitamin C. Evidence that vitamin C can help you avoid or shorten colds is mixed, although research does hint that it may be effective for those with a vitamin C deficiency.

We must respect the past, and mistrust the present, if we wish to provide for the safety of the future.

—Joseph Joubert

Salt



Owner	Walter Larson	
Park Manager	FAX:	202-3033
C	E-Mail Address: embassymhp@hotmail.com	
Treasure	Dorty Edgett	657-6488

Office open Monday - Wednesday - Friday 10:00 a.m. to 2:00 p.m.

Embassy Homeowners Association
The Annual Meeting and Elections are held on the 3rd Friday in January. Other meetings are held

The Annual Meeting at				iccungs ar
as needed, and are post				
President				20 22
Vice President				-da
Treasurer	Terry Hazlett	(717)	530-1476	The state
Secretary	Elaine Pepper	(833)	286-7744	37.3
Directors	June deRuiter	(918)	754-7321	1
	Mary Ann Cassy			W
	Arlene Stuart			-4-
	Guy McDougall	(1222)	230-9969	The state
Embassy Social Club				
President	Janis Wilson	(1320)	474-5050	
Vice President				
Secretary				-1-
Treasurer				Wh 483
Directors	Judy Hoke	(627)	536-3417	31/32
	Barbara Whitman	(922)	238-3200	704 4020
	Nedra Woodroof			M
Embassy Regional Clu		()		1
Canadian Club				20 (2)
President	Bill Burtt	(401A)	535-6826	
New York Club		(. •		The state
	Brud Livingston	(523)	536-6678	
1 Testaette	Drud Ervingston	(323)	550 0070	1
Embassy Shuffle Club				D C
Meets 3rd Tuesday				212
President	Susan White	(521)	223_4127	Th. 483
Vice President				200
Secretary				-
Treasurer				D C
				-1-
Directors				ED 023
	John Halliday			3/3
	Danny Czepiewski	(437) 22	+0-470-1402	704
				80 6



or Special Before They Cause Serious Damage!

Your Home Lately?

We will inspect and photograph any issues, showing you pictures of the underside of your home. Damaged & worn vapor barriers can create high energy costs and allow mold & mildew to grow and weaken your sub floor creating "Soft Spots". Keep Mold, Moisture & Animals out of your Home.

VISA DISCOVER

Repairs will be made quickly and include a **20 Year Transferable Warranty!**

Call Us for a FREE NO-PRESSURE No-Obligation Estimate

727-492-1884

•Licensed #OCL0027169

PROTECT YOUR HOME

info@FloridaUnderHomeSolutions.com • Bonded • Insured



FREE Roof Inspection

with washing





Paid advertisement by FLUHS, Inc. d/b/a A&E Services